

## Bulgarian Young GP Researchers' Course



**Course 'A': Approaches to family medicine research**  
**Plovdiv, 18<sup>th</sup>-19<sup>th</sup> May 2023**  
**Medical University of Plovdiv**  
**Auditorium Complex, 1<sup>st</sup> floor, II<sup>nd</sup> Hall**

### Day 1 Thursday 18<sup>th</sup> May

- 09.00 Opening by Prof. Blagoi Marinov, MD, PhD - Vice Rector of Science and Research Activities  
Introduction Prof. Michael Harris and Assoc. Prof. Radost Asenova
- 09.45 Plenary: 'What do you want to get out of these two days?'
- 10.00 Teaching: Designing a research question
- 10.30 Coffee
- 11.00 Practical work in pairs
- 12.00 Young GP researchers' presentations: 'A research paper that has made me change my practice' or 'An article or a paper in a journal that interested me.'
- 12.15 Lunch
- 13.15 Teaching: Types of quantitative study: descriptive research, correlational research, causal-comparative research (case-control & cohort studies), experimental research (for example, RCTs).
- 14.15 Young GP researchers' presentations
- 14.30 Tea
- 14.45 Young GP researchers' presentations
- 15.00 Teaching: Introduction to medical statistics, part 1
- 15.50 Summary
- 16.15 End
- 19.30 Social Dinner

### Day 2 Friday 19<sup>th</sup> May

- 09.00 Opening icebreaker
- 09.10 Teaching: Introduction to medical statistics, part 2
- 10.10 Young GP researchers' presentations
- 10.30 Coffee
- 11.00 Teaching: How to understand cohort & case-control research
- 12.00 Young GP researchers' presentations
- 12.15 Lunch
- 13.15 Teaching: How to understand randomised controlled trials
- 14.15 Young GP researchers' presentations
- 14.30 Tea
- 14.45 Teaching: How to understand qualitative research
- 15.30 Young GP researchers' presentations
- 15.45 Farewells  
Information about EGPRN and web-based course
- 16.15 End

#### **About Prof. Michael Harris MB BS FRCGP MMed**

Michael has worked as a General Practitioner (GP) in South West England for 30 years. He has affiliations at Exeter University, UK, the University of Bern, Switzerland and the Shupyk National Academy of Postgraduate Education, Ukraine.

Michael leads the Örenäs Research Group, a collaborative group of over 90 researchers from 60 clinical and academic centres in 33 European countries. It studies how primary care factors influence the diagnostic intervals in cancer diagnosis, and explores how these factors affect the varying European cancer survival rates.

Medical education is a special interest, whether teaching about clinical practice or about research methods.

Michael has co-authored three books with Prof. Gordon Taylor, including the best-selling 'Medical Statistics Made Easy'.



Dear colleagues,

We are excited that we will see you at the 'A' course in Plovdiv on 18-19 May.

This is the first of the three 'ABC' courses:

- In course 'A' ('Approaches to family medicine research'), you will learn about the different types of research methodology and start to design your own research questions.
- In course 'B' ('Building your research project'), you will learn the skills that you need to plan your own simple research projects. This will include teaching on how to write a research protocol.
- In the final course, course 'C' ('Communicating your research project to others'), you will present your research protocol, get feedback on your presenting skills, and get advice on writing for publication.

The course tutors and designers are:

- Assoc. Prof. Radost Asenova, Bulgaria. Radost is a General Practitioner (GP) and Head of Department at the Medical University of Plovdiv.
- Prof. Michael Harris, United Kingdom. Michael is a GP, with affiliations at Exeter University, UK, the University of Bern, Switzerland and the Shupyk National Academy of Postgraduate Education, Ukraine.
- Prof. Pavlo Kolesnyk, Ukraine. Pavlo is also a GP, and Head of the Family Medicine and Outpatient department of Medical Faculty #2 of Uzhgorod National University.
- Prof. Gordon Taylor, United Kingdom. Gordon is a medical statistician and Director of RDS SW, a large research organisation in the South West of England.

The three courses will be very friendly and interactive. The organisers and your colleagues will support you so that you enjoy the course, and get the most out of it.

One of the skills that you will need to do as a GP researcher is give short presentations to your colleagues – so we would like you to do that in the A course...

Before, the course, please prepare a 3-minute presentation on one of these topics:

- 'A research paper that changed my practice.' (For example: What was the paper about? Why did it make you change what you do?)
- 'An article or a paper in a journal that interested me.' (For example: What was the paper about? Why did you think it was interesting? What did you learn from it?)

You will have a maximum of 3 minutes to make your presentation, then there will be 2 minutes for questions and discussion.

You can use either 1 or 2 PowerPoint slides, but not more.

If you can't already think of an article or paper to present, we suggest that you look at the Bulgarian Medical Journal <https://cml.mu-sofia.bg/CML/bmj/index.html> or the European Journal of General Practice <https://www.tandfonline.com/journals/igen20> for ideas.