ESBRA Nordmann Award Meeting 2014
held in Sofia from the 20th to 21st of September 2014

Congress topic: Mood disorders and Alcoholism

Dear Colleagues,

With utmost pleasure and on behalf of the Organizing committee I am happy to invite you at the ESBRA Nordmann Award Meeting 2014 on the problems of alcoholism and alcohol-related disorders and complications. This year it will be held in Sofia from 20th to 21st of September with main topic „Mood disorders and Alcoholism“. We hope that this forum will gather specialists from all Europe working in clinics and rehabilitation centers for people with mental disorders and addiction from alcohol and drugs. Distinguished researchers from Europe and USA will take part. You will have the opportunity to pose questions directly to leading specialists in the field of addiction medicine, psychiatry and gastroenterology. We hope that the participants will pose questions from their personal therapeutic practice and will exchange personal experience. We believe in Bulgarian hospitality and the power to combine effective work with warm and friendly atmosphere.

On behalf of the organizers, I hope to accept our invitation to participate in the ESBRA Meeting during the warm and lovely September!

Sincerely yours,
Assoc. Prof. Dr. Sonya Toteva, PhD, President of OC, President of BADP

Local Organising Committee

Assoc. Prof. Sonya Toteva, MD, PhD Chair
Prof. Otto Michael Lesch
Prof. Vihra Milanova, MD
Prof. Valentin Akabaliev, MD
Prof. Renaldo Shishkov, MD
Assoc. Prof. Kaloyan Stoichev, MD, PhD
Dr. Vasil Jenkov, MD, PhD
Desislava Ivanova, PhD
Programme

Saturday, the 20th September 2014

9 am – 12 am: pre-Conference workshop “Treatment approaches in alcohol dependence and depression”

Chair: S. Toteva, I. Mouzas

- Toteva S. et al: Distribution and characteristics of Lesch types in Bulgarian population"
- Walter H.: Study results on alcohol and depression. What should we treat?
- Chernev K.: "Alcohol-related damages of gastrointestinal tract"
- Mouzas I.: "Liver and Alcohol. Clinical considerations on treatment of alcohol-related liver damage"

12 am to 1 pm: Break

1 pm to 1.30 pm: Opening ceremony

Chair: T. Zima and S. Toteva

1.30 – 2.15 pm: Nordmann Award Lecture – will be announced in June 2014

2.15 pm - 3 pm: State of the Art Lecture:

Hesselbrock V.: "Alcoholism, Depression and Anxiety Disorders: Course and implications for Treatment"

3 pm - 3.30 pm : Break

3.30 pm - 6 pm: "Clinical signs and gender aspects"

Chair: Seitz H. and Lesch O.M.

3.30: Erfurth A.: "The impact of comorbidity: alcohol, temperament and bipolar disorder"

3.50: Maremanni I.: “Current alcoholism in former heroin users”

4.10: Mouzas I.: "Child trauma and alcoholism in women"
4.30 pm - 5 pm: Break

Chair: Addolorato G. and Hesselbrock V.

5.00: Figuera M.L.: "Alcohol addiction and depression: the confluence of affective temperament and gender-specific clinical pictures".
5.20: Hesselbrock M.: "Gender, Depression and the Persistence of Alcoholism"

7 pm: Social Event

__________________________________________

Sunday, the 21st September 2014

9 am - 10:30 am: “Biological background and biological therapy”
Chair: Toteva S. and R.Ward

9.00: Chick J.: 'Treating depression in alcohol dependent patients'
9.20: Walter H.: "Targeted therapy for depression and Alcoholism"
9.40: Swift B.: "Antidepressant Effects on Naturalistic and Human Laboratory Alcohol Consumption: Effect of Genetics and Subtype"

10.20: Koutsenok I.: "Alcohol and drug dependence - are they different from other chronic medical disorders?"

10:30 am: Closing Remarks: T. Zima. and S. Toteva

10.40 am - 11 am: Break

11 am– 3 pm: ESBRA Board Meeting
LOCATION

Bulgaria

Bulgaria is a part of the Balkan Peninsula in South Eastern Europe. The state of Bulgaria was first founded in 681 AD and has a long and varied history. Since January 2007 Bulgaria is a member of the European Union.

Sofia

Sofia is the capital and largest city of Bulgaria with a population of 1.27 million people. The city has a history that goes back thousands of years. Many nations have inhabited it and added to its rich and diverse history. Over the centuries, it has been given several names and the remnants of the old cities can still be viewed today. The Thracian Serdi tribe settled here in the 7th century BC and gave the first recorded name of Sofia -- Serdica. The Byzantines called it Triaditsa and the Slavs - Sredets. The modern city of Sofia was named in the 14th century after the basilica St. Sofia.

For useful information about Bulgaria, please visit:
http://bulgariatravel.org/en/official_tourism_portal/
http://www.mfa.bg/en/

MEETING VENUE

The Meeting will take place from 20th to 21st of September 2014 in the Ramada Hotel /former Princess Sofia Hotel/ - http://sofia.bgprincess.com
Address: 1202, Sofia, Bulgaria, 131 Kn. Maria Louisa Blvd.

Registration and hotel accommodation are managed by the Company for International Meetings - http://www.cim.bg

For booking assistance, please contact Mrs. Neli Gospodinova by e-mail: neli@cim.bg or phone: (+359 2) 987 48 17, (+359 896 700 986).
REGISTRATION
All participants are kindly asked to register at:
http://www.cim-events.com/esbra-nordmann-award-meeting/67/

Registration fees are as follows:

<table>
<thead>
<tr>
<th>Registration Type</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Early registration up to 31 May 2014</td>
<td>90 Euro</td>
</tr>
<tr>
<td>Late registration after 1 June 2014</td>
<td>120 Euro</td>
</tr>
<tr>
<td>On-site registration</td>
<td>150 Euro</td>
</tr>
<tr>
<td>Accompanying person</td>
<td>60 Euro</td>
</tr>
</tbody>
</table>

HOTEL BOOKING
Rooms at preferential rates are provided for the participants in the Ramada hotel.
Full prepayment of accommodation is required prior to arrival.
Room rates are only valid for reservations and payment made with CIM.

<table>
<thead>
<tr>
<th>Accommodation Type</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accommodation in single standard room with breakfast per night*</td>
<td>66</td>
</tr>
<tr>
<td>Accommodation in double standard room with breakfast per night*</td>
<td>76</td>
</tr>
<tr>
<td>Accommodation in single renovated room with breakfast per night*</td>
<td>80</td>
</tr>
<tr>
<td>Accommodation in double renovated room with breakfast per night*</td>
<td>90</td>
</tr>
</tbody>
</table>

*Prices include all taxes, use of fitness center and swimming pool.

AIRPORT TRANSFERS
The Company for International Meetings also offers an airport transfer service for delegates, attending the Congress, upon preliminary request.

The price for a transfer is 21 € per person or 30 € for two persons in one direction.

Precise travel details should be given to CIM at least two weeks prior to arrival. In case of "last minute" changes in your travel arrangements, please inform CIM by e-mail.

Departure from the hotel will be organized 2 hours before the flight. Pick-up time schedule will be available at the CIM desk in Ramada hotel /Meeting venue/.

*You can also take a taxi from the designed taxi kiosk in the arrivals lobby at the Airport.
ENTERTAINMENTS
CIM has put together a special selection of tours for participants, proposing traditional sites for first-time Bulgaria visitors:

- Dinner in a traditional restaurant Hadjidraganovite kashti – 44 €
- Tour of Sofia with visit to the National History Museum and Boyana Church– 30 €
- Half-day tour to Rila Monastery /lunch box included/ – 60 €

The prices for tours are per person and include transportation, entries, English speaking guide and are available for a group of minimum 12 people.

PAYMENTS AND CANCELLATIONS

All payments should be made to CIM by one of the following methods:
- bank transfer
- online by credit card
- offline by credit card

Any change of hotel booking should be sent to CIM, not directly to the hotel.

Due to the preferential hotel rates, in case of a cancellation of a confirmed reservation or no-show, the following fees will be charged:

Until 1st August 2014  No administrative charges
From 1st to 15th August 2014  50% of the total amount prepaid
After 15th August 2014  No refund

For more information, please read the Terms and Conditions on the Reservations website (Summary page).